

# FROZEN NORTHSIDE 3

		Log Press		Super Yoke (50/50)			Deadlift For Reps			Max Distance Farmer's			Stone Over Bar		Final Results	
	Weight	Achieved	Points	Achieved	Points	Sub-total	Achieved	Points	Sub-total	Achieved	Points	Sub-total	Achieved	Points	Final	Place
<b>Lightweight (148, 165 &amp; 181)</b>																
Michel Devnyck	174.8	230	4.5	20.16	4	8.5	10	1.5	10	97'10"	2	12	7	2	14	3
Randy Pruitt	177.2	220	3	22.75	2	5	11	3	8	137'6"	5	13	9	5	18	2
Demetrius Armstead	180.4	200	2	18.25	5	7	13	4	11	80'	1	12	5	1	13	4
Caleb Hessler	181.0	0	0	34.91	1	1	10	1.5	2.5	122'	4	6.5	8	3.5	10	5
Charles Posey	178.2	230	4.5	21.31	3	7.5	15	5	12.5	99'3"	3	15.5	8	3.5	19	1
						0			0			0			0	
						0			0			0			0	
						0			0			0			0	
<b>Middleweight (198 &amp; 220)</b>																
						0			0			0			0	
						0			0			0			0	
Wayne Martin	218.9	260	7	25.25	4	11	12	4	15	39' 6"	3	18	8	5	23	3
						0			0			0			0	
Adam Hughes	220	240	4	35.15	3	7	10	2	9	130' 3"	7	16	8	5	21	4
Marc Straniere	207.2	230	3	22.06	5	8	11	3	11	82'	5	16	7	3	19	5
William Mallula	214.8	180	1	16' 5"	1	2	9	1	3	3' 2"	1	4	2	1	5	7
						0			0			0			0	
Clint McElfresh	214.8	200	2	46.22	2	4	16	6	10	37' 8"	2	12	6	2	14	6
Justin Loy	211.2	250	5.5	17.81	7	12.5	14	5	17.5	78' 8"	4	21.5	9	7	28.5	2
Daniel Hughes	216.8	250	5.5	20.37	6	11.5	20	7	18.5	117' 10"	6	24.5	8	5	29.5	1
						0			0			0			0	
<b>Heavyweight (242 &amp; 275)</b>																
Chris Johnson	206.8	300	5	18.72	5	10	6	4	14	99' 2"	5	19	6	5	24	1
Michael Peterson	250.2	240	2	53'10"	2	4	1	2	6	83' 5"	4	10	2	1	11	4
Chris Peterson	246	250	3	36.97	3	6	0	0	6	37' 6"	2	8	4	2.5	10.5	5
Jonathan Stacy	248.2	270	4	25'6"	1	5	11	5	10	80' 6"	3	13	5	4	17	2
Nathan Bowland	239.4	220	1	27.75	4	5	2	3	8	17' 5"	1	9	4	2.5	11.5	3
						0			0			0			0	
						0			0			0			0	
<b>Super Heavyweight (308 &amp; 308+)</b>																
James Hendrickson	341	360	2	29.88	1	3	1	1	4	80'	1.5	5.5	3	1.5	7	2
Nick Fisher	325	350	1	28.65	2	3	2	2	5	80'	1.5	6.5	3	1.5	8	1
						0			0			0			0	
						0			0			0			0	
						0			0			0			0	
						0			0			0			0	
<b>Master's (40+)</b>																
Mark Black	324.6	250	1	28.47	1	2		1	3	160'	1	4			4	1
						0			0			0			0	
						0			0			0			0	

# FROZEN NORTHSIDE 3

		Log Press		Super Yoke (50/50)			Deadlift For Reps			Max Distance Farmer's			Stone Over Bar		Final Results	
Lightweight (123 & 132)	Weight	Achieved	Points	Achieved	Points	Sub-total	Achieved	Points	Sub-total	Achieved	Points	Sub-total	Achieved	Points	Final	Place
Corina Pippa	131.8	90	1	28.22	1	2	3	1	3	169' 3"	2	5	2	1	6	3
Megan Bunch	132.2	120	2	21.75	2	4	16	2	6	233' 9"	3	9	5	2	11	2
Tawnya Ax	125.4	130	3	15.75	3	6	26	3	9	120'	1	10	8	3	13	1
						0			0			0			0	
						0			0			0			0	
						0			0			0			0	
						0			0			0			0	
						0			0			0			0	
Middleweight (148 & 165)	Weight	Achieved	Points	Achieved	Points	Sub-total	Achieved	Points	Sub-total	Achieved	Points	Sub-total	Achieved	Points	Final	Place
Teresa Nicolia-Sadler	161.2	80	1	24.6	1	2	9	1	3	64' 11"	1	4	4	1	5	1
						0			0			0			0	
						0			0			0			0	
						0			0			0			0	
						0			0			0			0	
						0			0			0			0	
						0			0			0			0	
						0			0			0			0	
						0			0			0			0	
						0			0			0			0	
						0			0			0			0	
Heavyweight (181 & 198)	Weight	Achieved	Points	Achieved	Points	Sub-total	Achieved	Points	Sub-total	Achieved	Points	Sub-total	Achieved	Points	Final	Place
Melanie Wicken	236.8	130	2	29.53	2	4	10	2	6	120'	2	8	4	2	10	1
Michelle Renee Belisle	173.8	70	1	62' 7"	1	2	0	0	2	0	0	2	0	0	2	2
						0			0			0			0	
						0			0			0			0	
						0			0			0			0	
						0			0			0			0	
						0			0			0			0	
						0			0			0			0	
Super Heavyweight (199+)	Weight	Achieved	Points	Achieved	Points	Sub-total	Achieved	Points	Sub-total	Achieved	Points	Sub-total	Achieved	Points	Final	Place
						0			0			0			0	
						0			0			0			0	
						0			0			0			0	
						0			0			0			0	
						0			0			0			0	
Master's (40+)	Weight	Achieved	Points	Achieved	Points	Sub-total	Achieved	Points	Sub-total	Achieved	Points	Sub-total	Achieved	Points	Final	Place
Aimee Romig	228.4	120	2	18.41	2	4	16	2	6	246' 4"	2	8	6	2	10	1
Mary Black	177.2	80	1	35.53	1	2	0	0	2	120'	1	3	3	1	4	2
						0			0			0			0	